

Oakley Rural Day Centre

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Registered Charity No: 1060283



NEWSLETTER Spring 2023

Welcome to our latest Newsletter. If anyone has access to the internet please visit our website, www.oakleyruraldaycentre.weebly.com The site is updated regularly with the latest news from the centre.

We also have a **Facebook** page. This will be updated with the latest news and photographs of events at the centre. The **Facebook** page can be found at www.facebook.com/oakleyruraldaycentre We are also producing articles in various publications throughout Bedford and surrounding areas to raise the profile of the centre.

After a cold winter we now look forward to the spring and hopefully some warmer weather where we can enjoy the sunshine and have short walks.

PLACES AVAILABLE

Our Day Centre provides our older people with a place where they can make friends in a warm and comfortable atmosphere. A range of activities including crafts, entertainment, quizzes and good old conversation are at the heart of our day.

We serve freshly prepared home cooked lunches together with tea, coffee and toast at the start of the day with beverages throughout. The Centre is open Tuesday, Wednesday and Thursday. As well as full days we now offer afternoon sessions including a two course lunch.

For details of costs and advice please contact Lynne on **01234 824935** or **07733 227374**.

Enquiries welcome from Bedford and surrounding villages in North Bedfordshire.

ACTIVITIES AND ENTERTAINMENT

Since the beginning of the New Year clients have been involved with various activities. This included cross stitch and making birthday cards which clients really enjoy. We also held a reminiscence week showing various objects from the past including some mystery items. Other activities have included board games, word searches, bingo and chair based exercise classes.

In February we had the Wells Hollow Band visit. They are a Ceilidh group who play traditional Scottish, Irish and English folk music. Kempston Hammers Choir also visited the centre to entertain us. Oakley resident Terry came to sing and play his saxophone and ukulele for us. Thanks to everyone who came and entertained our clients, they really love it!

SUPPORT THE DAY THROUGH EASY FUNDRAISING

Did you know that whenever you buy anything online – from your small to large purchases – you could be raising free donations for Oakley Rural Day Centre with easyfundraising? There are over 7,000 brands on board ready to make a donation – including eBay, Argos, John Lewis, ASOS, Booking.com and M&S – and it won't cost you a penny extra to help us raise funds.

All you need to do is:

1. Go to easyfunding.org.uk and register on the site and choose the Oakley Rural Day Centre as your preferred charity.
2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.
3. After you've checked out, the brand will make a donation to Oakley Rural Day Centre at no extra cost to you whatsoever! There are no catches or hidden charges and Oakley Rural Day Centre will be really grateful for your donations.

Thank you for your support.



**OAKLEY RURAL DAY CENTRE WOULD LIKE TO THANK
THE HARPUR TRUST FOR THEIR GRANT AND CONINUED
SUPPORT**

